

THE 6D'S OF BYSTANDER INTERVENTION

DETECT

What are we looking for?
Inappropriate behaviour, language, or body language indicating someone is uncomfortable.

DIRECT

Point out the behaviour and indicate that it needs to stop, in a calm and assertive manner.

DISTRACT

Create a distraction so that the target of the harassment has an opportunity to exit the situation.

DELEGATE

If you're not comfortable intervening yourself, find someone else to get involved, e.g. a friend, the bartender, or security.

DELAY

If you can't intervene, delay leaving the scene until you've had a chance to check in with the target.

DIALOGUE

Keep the dialogue open! Continue the conversation about harassment in other workplaces & with your friends, colleagues & community.



VENUE STAFF ARE HERE TO HELP
HARASSMENT OF ANY KIND WILL BE NOT BE TOLERATED
SEXUAL HARM HELPLINE 0800 044 334 OR TXT 4334
OR CALL HELP ON 0800 623 1700